

valuable coding skills. During Chris Troy's visit, former teenage participants of Code for Life's program showcased websites they had created and shared insights about their enriching experiences in the program. Welcome to the vibrant month of May at A House on Beekman! As spring blossoms in full splendor, we invite you to join us for an array of delightful activities and enriching experiences. From outdoor adventures to creative workshops and engaging events, May promises endless opportunities for fun, learning, and togetherness. Explore nature's wonders, unleash your creativity, and forge unforgettable memories with your loved ones. Let's embrace the spirit of May and the beauty of this season at A House on Beekman!

"May your choices reflect your hopes, not your fears." - Nelson Mandela

Meet The Team... Tracy !



Meet Tracy Thornton, our esteemed Executive Director at A House on Beekman, who has been an integral part of our team since its inception, with a brief hiatus in between. Tracy's unwavering commitment to our mission and her genuine

care for the people we serve make her a cornerstone of our organization. A lesser-known fact about Tracy is her courageous act of chasing down a thief to retrieve her friend's stolen purse—a testament to her bravery and loyalty. Her favorite book, "The Glass Castle," not only inspires her with its message of redemption but also reflects her love for memoirs.

Tracy draws strength from Acts 20:24, a Bible verse that guides her in her leadership journey. Her dream vacation spot is Thailand, and if she could possess any superpower, it would be the ability to be in multiple places at once, reflecting her multifaceted responsibilities. Tracy enjoys a wide range of music

genres except opera, and her favorite colors are black or blue. While her favorite "food" might be diet coke, she harbors aspirations to learn Spanish and play the guitar in the future. Tracy's dynamic leadership and diverse interests make her an invaluable asset to the AHOB team. $\final A = \final A = \f$

Mental Health Awareness Month



Fact of The Day 📲 🗖

Did you know that May is National Physical Fitness and Sports Month? This annual observance encourages families to prioritize physical activity and embrace an active lifestyle. From bike rides to family hikes and outdoor games, May provides the perfect opportunity to engage in fun and healthy activities together. By incorporating regular exercise into your routine, you can boost your overall well-being, increase energy levels, and strengthen family bonds. So, let's celebrate National Physical Fitness and Sports Month by getting active and enjoying the benefits of a healthy, active lifestyle this May!

May Health Tip:

Prioritize Mindful Movement In the month of May, make mindfulness a part of your

movement routine. Engage in activities that not only benefit your physical health but also nourish your mind and soul. Try incorporating practices like yoga, tai chi, or meditation into your daily routine to enhance both your physical and mental well-being.



A HOUSE ON BEEKMAN



Image: State Stat

The Babies- 2 Program

Parent and Me and Transitioning Toddlers groups at A House on Beekman have been bustling with excitement and discovery. Each week, our little learners eagerly dive into a new letter of the alphabet, expanding their language skills and vocabulary. Alongside their linguistic adventures, they've been exploring the fascinating life cycle of plant. Our toddlers are soaking up the sunshine during outdoor playtime, fostering a love for nature and outdoor exploration.budding scholars!

Paola Matutue-Program Coordinator

The Preschool Program

In April, our preschoolers at A House on Beekman explored the realms of buildings and wheels, constructing imaginative structures with marshmallows and toothpicks. We maintained strong family connections through monthly parent engagement events, fostering collaboration between home and school. As the weather warmed, our little ones eagerly embraced outdoor play, enhancing their learning experiences in our dynamic environment.

Frances Nieves-Program Director



The Primary Program

April was all about creativity and self-care at the Primary After School Program! Our young writers dedicated their time to perfecting their stories for our upcoming book publication in May. Before spring break, we pampered our students with a spa day, complete with manicures, facials, and even a DIY charcuterie board. It was a day filled with relaxation and love, reminding us of the importance of nurturing both mind and spirit. Amber Howell-Program Director The Community Engagement Program

April at our Saturday Creative Arts Academy was packed with excitement and learning! From Solar Eclipse chalk art to salsa dancing with Jillian Pacheco, students explored a range of activities. Drama games with Mr. Amado sparked imaginations, while music sessions had us singing melodies from 'The Sound of Music'. We embraced culture with Vejigante masks and delved into art history with Pointillism. Celebrating Earth Day, we planted seeds of environmental awareness with plant starters for families. Our program bloomed with creativity, learning, and community engagement!

Stephany Polanco -Community Engagement Coordinator

Message From our Executive Director..

AHi Everyone:

I hope you are all enjoying the warmer weather as much as I am! I wanted to let you know that we have decided to put a pause on our Vision Day previously scheduled for May 18th. We plan to reschedule this and hope all of you are able to join in the future. Until then, I hope you have all had a nice break and I look forward to seeing many of you again this week! Happy Spring!

Tracy Thornton - Tracy@AHouseonbeekman.org

UPCOMING EVENTS !

MAY 9 PARENT TEACHER CONFERENCES PROGRAM BASED MAY 25 NO SATURDAY PROGRAM MAY 27 MEMORIAL DAY (NO PROGRAMS)

> FOR MORE INFORMATION PLEASE CONTACT STEPHANY@AHOUSEONBEEKMAN.ORG