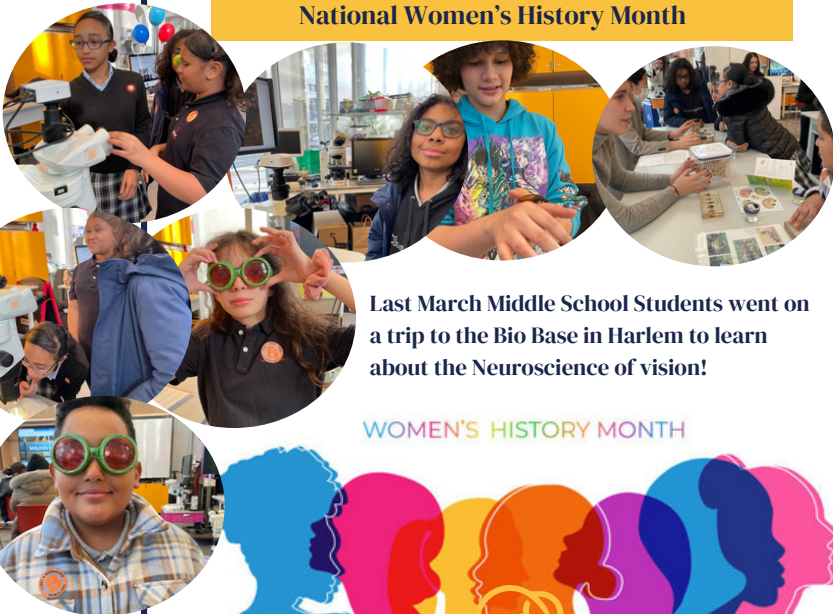




# NEWSLETTER

## National Women's History Month



Last March Middle School Students went on a trip to the Bio Base in Harlem to learn about the Neuroscience of vision!

WOMEN'S HISTORY MONTH



**Marvelous March at A House on Beekman!**  
 Welcome to a month of wonder and excitement at A House on Beekman! As we bid farewell to winter, March brings a burst of creativity, learning, and fun for the whole family. Join us for captivating workshops, immersive experiences, and engaging activities that celebrate the spirit of spring. From exploring nature's wonders to unleashing your artistic talents, March promises to be a month of joy and discovery. Let's embrace the beauty of this season and create unforgettable memories together at A House on Beekman!

*"The beautiful spring came, and when nature resumes her loveliness, the human soul is apt to revive also." - Harriet Ann Jacobs*

### Fact of The Day

Did you know that March was named after Mars, the Roman god of war? In ancient Roman times, March marked the beginning of the military campaign season. It was a month of rebirth and renewed strength, where soldiers prepared for battle and the world awakened from the winter slumber. Today, March continues to symbolize new beginnings and a time of growth as nature flourishes and we embark on our own personal journeys. Let's embrace the spirit of March and harness its energy to conquer new challenges and make positive changes in our lives.

**March Health Tip: Move and Groove**  
 Incorporate more movement into your daily routine this March. Take short breaks throughout the day to stretch, dance, or go for a brisk walk. Engaging in physical activity not only improves your fitness but also boosts your energy levels and enhances your mood. Whether it's a quick dance party with your kids or a peaceful stroll in the park, find joy in moving your body and reap the benefits of an active lifestyle this March.

## Meet The Team...

### Wendy!



Introducing Wendy Castillo, an invaluable member of the A House on Beekman team for the past year. Wendy's dedication to her role is evident in her genuine enthusiasm for engaging with the children, fostering enriching experiences daily. Beyond her nurturing presence, Wendy possesses a unique talent for editing videos and pictures, a skill she employs with creativity and finesse. While she adores her time spent with the little ones, Wendy finds inspiration in the vibrant storytelling of "The Book of Life" movie, drawn to its portrayal of diverse life paths.

As an essential part of our team, Wendy not only brings warmth and joy to our environment but also infuses it with her favorite music—Latin beats. Her affinity for the color purple mirrors her vibrant personality, while her love for Pozole reflects her appreciation for rich cultural flavors.

In her downtime, Wendy dreams of sandy shores in the Bahamas, longing for a peaceful escape. Yet, even in her leisure, Wendy embodies the spirit of giving, guided by the wisdom of Mother Teresa's words: "It's not how much we give but how much love we put into giving."

If Wendy could possess any superpower, she'd choose snow abilities, eager to share the magic of wintry play with the children. With her openness to new experiences, both personally and professionally, Wendy embodies the spirit of growth and exploration that defines our community at A House on Beekman.





# NEWSLETTER



**The Babies - 2 Program** In our Transitioning Toddlers segment, For the month of February we celebrated Valentine's Day by gifting our children from TT a flower at the end of the day. During February TT also celebrated 100 days of school by dressing up and colored their 100 days hat to wear for the whole day. TT did science with droppers, water color and tissue. They all observed how the paper changed color once they dropped the water color into the paper and some did mix other colors into the paper and observed how two colors made a new color.

**Paola Matutue-Program Coordinator**

**The Preschool Program** February was a month filled with excitement and engagement at A House on Beekman Preschool! Our little ones and their families came together for a delightful cupcake decorating session, sprinkling creativity and sweetness into our classrooms. We also celebrated a special milestone—the hundredth day of school—with enthusiastic dress-up festivities that brought smiles all around! As we bid farewell to February, we eagerly anticipate our upcoming parent engagement event in March. Get ready to join us for an egg decorating session, where we'll hatch even more fun and unforgettable memories together!

**Frances Nieves-Program Director**

**The Primary Program**

For Valentines Day, we hosted a Valentine's Day Dinner. Students arrived and we had our room set up, as they were assigned to a table. Staff waited on each table, taking the students orders and serving them their dinners. It was such a hit - the students loved it. We had a Fun Friday focused BHM, highlighting different athletes. We were able to host our own little mini "olympics," allowing the students to participate in different events. Another Fun Friday was focused on BHM, highlighting inventors and what they contributed to our world. Students are beginning to lay out their plans for inventions (whether it is something new or redesigning a current one) and we will begin building it soon.

**Amber Howell-Program Director**

**The Community Engagement Program**

In our Saturday Creative Arts program, each session became a canvas for love, creativity, and discovery. Our Valentine's Day Dance was a sweet affair, where students dipped strawberries in chocolate, adorned heart-shaped cupcakes. In honoring Black History Month, we delved into the tapestry of African American artistry, spotlighting iconic figures like Basquiat. Inspired by their narratives, students created vibrant masterpieces infused with Basquiat's bold style. Additionally, we explored the historic significance of the first Black Peanuts character, discussed representation and inclusion. AOur monthly Younglife sessions provided a spiritual anchor, fostering connections with God and one another through engaging activities like Clue.

**Stephany Polanco-Community Engagement Coordinator**

**Message From our Executive Director..**

At AHOB, we cherish the well-being of every member of our community, not just our children. That's why we're excited to announce our upcoming parent workshop on Saturday, March 2nd, from 2-3pm at our 452 East 149th Street location. It's an opportunity for us to come together, share insights, and strengthen our support network. I personally invite each of you to join us—I look forward to meeting you and engaging in meaningful discussions that contribute to the holistic growth of our families. Tracy Thornton - Tracy@AHouseonbeekman.org

**UPCOMING EVENTS !**  
**PARENT WORKSHOP - MARCH 2ND 2-3PM**  
**PARENT ENGAGEMENT - MARCH 21ST 4-6PM**  
**ALL STAFF PD - MARCH 22ND 10-1PM**  
**MARCH 28TH-APRIL 1 - EASTER WEEKEND**  
**NO PROGRAMMING**

**FOR MORE INFORMATION PLEASE CONTACT**  
**STEPHANY@AHOUSEONBEEKMAN.ORG**